



**Statement by Professor Lesley Regan  
Ambassador for the Saying Goodbye Services**

“In my work as Professor of Obstetrics & Gynaecology at Imperial College, as Head of Department at St Mary's Hospital, London and Director of the largest recurrent miscarriage clinic in the world, I see daily the devastating effect that loss during pregnancy, at birth or in infancy has on mothers, fathers and extended families. Often, people are faced with questions as to why the loss has happened. What has gone wrong? Sadly there is often no definitive answer, so most never understand, and they are just left with the grief and agony, and tragically no baby to hold.

Currently prior to 24-weeks gestation, no birth certificate is issued, and in the majority of cases no service of remembrance conducted. Saying Goodbye is stepping into that gap, and is conducting the first national set of remembrance services. These are being held at cathedrals and minsters the length and breadth of the country, are free to attend, and aim to bring together thousands of people to acknowledge the lives lost. The services will be a time to remember, to mourn and to gain support and help from people who know and understand where you are at, and what you are going through. They are also passionately working to improve the standard of care for women who miscarry and have still births, and provide support both pre and post loss.

I have become an Ambassador of Saying Goodbye, as I strongly believe in what they are doing and in their heart to help those in need, bringing peace to the hurting and grieving. I urge you to come to the services, invite others you know to come along and follow Saying Goodbye on their website [www.sayinggoodbye.org](http://www.sayinggoodbye.org) and on Twitter @SayinggoodbyeUK

Professor Lesley Regan

